



We can't wait to see you!

Re-Open Date: **Friday, May 22, 5:00 am - Midnight**

New Hours: Mon-Fri: 5am-12am / Sat-Sun: 7am-7pm (Memorial Day 7am-2pm)

Our Safety Guidelines are as Follows until Further Notice:

- Members Only. No guests.
- Keep 6' distance from others. Alternate equipment when needed to allow for that.
- Don't come to the gym if you have a fever, cough, or difficulty breathing.
- Wash and sanitize your hands often while at the gym, and avoid touching your face.
- The towel service is discontinued so bring your own sweat and shower towel.
- Sanitize the equipment before and after each use. Single-use Gym Wipes are provided. BYO cleaning towel also appreciated to help with cost and demand of Gym Wipes. Disinfectant spray bottles also provided but shared cleaning towels are removed.
- Because of our large, spacious facility, the Fitness Center has always operated below 50% capacity. We'll analyze this daily and adjust if distancing becomes an issue.
- Members are not required to wear a mask but are encouraged to do so going in and out of the building pre and post workout.
- Showers will remain open, but please shower at home when feasible to help with 6' distancing in the Locker Rooms.
- Saunas will re-open 6/1 with time and usage limits and cleaning requirements.
- Kids Zone will remain closed. (Plans are to re-open on 6/14 with added precautions).
- Limited classes will begin 5/26 with modifications (see separate detail). Email Hannah at hpicotte@spicefitness.com if you'd like to join the Groupies online.
- Courts are open for rentals and member use only. Open Gym and Tournaments may resume July 4th.
- Fans have been removed temporarily as an added precaution.
- A staff-member will be cleaning and sanitizing high-touch areas during open hours, and our nightly cleaning staff is committed to an increased cleaning and sanitization standard.
- We've installed plexiglass at POS stations and our staff will wear masks.
- To limit face time with staff, please call us or email your membership inquiries to Michelle at info@spicefitness.com. Credit forms and Michelle's card are available at check-in!

***** Please return rented gym equipment on Thu 5/21 2pm-6pm, or Fri 5/22 5am-Midnight *****
Group equipment may be returned 6/12-14 due to limited schedule and online options.

Be safe. Be fit!